The Finance Clarity Board

A companion to The Calm Comeback

Type into each space slowly and honestly. Save it, and return to it often.

MY GUIDING WORD

The one feeling I am building toward — calm, steady, free, secure, at peace…

WHAT FINANCIAL SAFETY FEELS LIKE

Not what it looks like on a statement — what it feels like in my body.

WHO I'M BECOMING

I am someone who… (the person who manages my money now)

WHAT MY MONEY IS FOR

My values, and the people this stability is really for.

MY CALM MILESTONES

The steady wins I am building toward — and how I will mark each one.

WHAT CALM LOOKS LIKE

Describe the life you are building in words — or print this page to paste images.

How to Use Your Clarity Board

This is not a wish list.

A money vision board usually fills up with things — the car, the house, the number. This one fills up with clarity. Because the calm you are after was never really about the amount. It was about knowing what your money is for, who you are becoming, and how it will actually feel to be steady.

Start with the feeling.

Before anything else, find your guiding word — the single feeling you are building toward. Calm. Steady. Free. Secure. Everything else on the board serves that one word. If a goal does not move you toward it, it does not belong here.

Answer honestly.

Fill the four zones slowly. There are no right answers and no one is grading them. The honesty that matters tends to surface only when you slow down enough to be truthful with yourself.

Make the milestones small and real.

Not “become wealthy.” Try “$1,000 saved,” “one card at zero,” “three months of on-time payments.” Steady, unglamorous wins are the ones that actually build a comeback — and each one deserves to be marked.

Keep it where you will see it.

Save it to your phone or desktop, or print it and pin it up. Come back monthly. The answers you write today will not be the answers you write six months from now, and watching them change is its own kind of progress.